

2025 South Australian Optimist State Championships

Sat 6 Dec 2025 - Sun 7 Dec 2025

Notice of Race ***2025 SA State Championships Regatta***

***Organising Authority
Adelaide Sailing Club
in partnership with IODASA***

IODASA thanks the sponsors of the 2025 State Championships



Adelaide Sailing Club (ASC) as the Organising Authority in conjunction with IODASA will conduct the 2025 International Optimist Dinghy SA State Championships on the waters of St Vincent Gulf at Adelaide Sailing Club, South Australia from Sat 6 Dec 2025 - Sun 7 Dec 2025.

1. Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 AS Special Regulations Part 2- for Off the Beach Boats and Australian Sailing Prescriptions will apply.
- 1.3 The Introductory Rules of Sailing (IRR) will apply to the Green Fleet.

2. Advertising

- 2.1 Advertising will be permitted in accordance with ISAF Regulation 20- Advertising Code, and the IODA Class Rule 2.8 effective 1st January 2013.

3. Eligibility and Entry

- 3.1 The 2025 International Optimist Dinghy SA State Championships is open to all boats of the Optimist Class that comply with the Class Rules of the International Optimist Dinghy Association, and whose helms are financial members of the International Optimist Dinghy Association of South Australia. Other state/national associations recognised by IODA may enter but are ineligible for the state trophy.

- 3.2 All entrants shall have a birth year of 2010 or later.

- 3.3 All helms shall be a member of an Australian Sailing affiliated sailing club. International entrants will need to provide proof of membership to their country's ISAF Member National Authority.

- 3.4 Racing for three fleets will be conducted as follows:

Open Fleet - experienced Optimist Sailors competing for the State Championship.

Intermediate Fleet – experienced club and regatta racers.

Green Fleet – beginner racers.

- 3.5 Entries may be transferred between fleets, if in the sole opinion of the Race Committee the sailors experience or ability warrants a transfer.

- 3.6 Entry is online via www.optisa.org.au

4. Fees

- 4.1 Required fees are as follows:

Optimist SA State Championship Entry fees: Open, Intermediate and Green Fleet \$160.00

4.2 Entries close on the 1st December 2025.

4.3 Late entries may be accepted depending on total entries; online by 0930 on Saturday, 6th of December, 2025; States T-shirt may or may not be available.

5. Schedule of Events

5.1 A Briefing will be conducted at 0930 on the first day of the series.

5.2 First Warning signal will not be made before 1030 on day one.

5.3 First Warning signal will not be made before 1000 on day two.

5.4 No Warning signal will be made after 1600 on day two.

5.5 Prizes will be presented as soon as practical after racing on the final day.

5.6 A maximum of 9 Races are scheduled for the series.

6. Measurement

6.1 Boats may be inspected for safety equipment and measurement compliance at any time during the regatta.

6.2 All boats must have an ISAF plaque, be registered correctly with AIODA & present a completed Safety Check list at the regatta registration desk for compliance check.

6.3 If your boat is not registered with AIODA, in the helms name, by this event- please advise the event organiser prior to Dec 5th 6pm.

Online registration transfers can be done at <https://www.sailing.org.au/eventsregister/19825/>

7. Sailing Instructions

Sailing instructions will be available online on the IODSA website (www.optisa.org.au). Copies may also be available at registration.

8. Venue

The regatta will be hosted by Adelaide Sailing Club on the waters of the Gulf St Vincent.

9. The Courses

The courses to be sailed will be trapezoid for Open and Intermediate Fleets and trapezoid or triangle for Green Fleet as described in the Sailing Instructions and at the Briefing.

10. Scoring

10.1 The Low Point System of RRS Appendix A will apply.

(a) Three races are required to be completed to constitute a series.

(b) When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.

(c) When 6 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(d) When 9 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

11. Support Boats

11.1 Team leaders, coaches and other support personnel shall stay clear of areas where Open fleet and the top half of the Intermediate fleet boats are racing and shall neither create wakes nor otherwise interfere with competitors from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment. Authorised boats may meet with competitors once they have crossed the finished line as long as they don't interfere with boats still racing.

11.2 Support boats shall not signal to competitors by any means during a race.

11.3 Support boats are required to render assistance if requested to do so by the race committee or a competitor.

11.4 Coaching of Green fleet helms while racing is permitted, however coaching shall be limited to skippers in the bottom half of the fleet in any given race. Only coach boats and coaches registered with the Organising Authority will be permitted to coach while racing.

11.5 Coach boats shall neither create wakes nor otherwise interfere with competitors. Violation of this instruction may result in any penalty which the Race Committee deems appropriate, up to and including the disqualification of the coached competitor from the race/regatta.

11.6 Support boats shall sign on and off daily.

12. Radio Communications

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

13. Safety

13.1 All competitors shall wear personal flotation devices that are in good condition and are in accordance with the specifications issued or approved by a national authority or standards organisation and branded in the country of origin or manufacture and in accordance with Class Rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing.

13.2 Attention is drawn to Rule 1.2 and Rule 3

13.3 Sign On and Sign Off

Boats shall Sign On prior to leaving shore and boats returning to shore shall Sign Off. When races are sailed back to back, competitors need only Sign On and Sign Off on shore once.

13.4 Boats retiring or leaving the course for any reason shall inform the Race Committee Boat either in person, or via a safety or coach boat at the earliest possible opportunity.

13.5 Discretionary penalties will apply to Rule 41 – Outside Help. Actions of the Race Committee in retrieving crews from the water and returning them to their boats may not be penalised.

14. Charter Boats

Private boats may be available for charter at the regatta. For further details contact optisouthaustralia@gmail.com

15. Rights to use names and likenesses

15.1 In participating in an event, a competitor automatically grants to the organising authority and the sponsors of the event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or film television and other reproductions of him/her during the period of the competition for the said event in which the competitor participates and in all material related to the said event without compensation.

16. PRIZES

16.1 Excluding the Open Champs, prize recipients shall be members of IODASA and residents of South Australia.

Green Fleet	First Boat, Second Boat, Third Boat
Green Fleet	First Female, First Male
Intermediate Fleet	First Boat, Second Boat, Third Boat
Intermediate Fleet	First Female, First Male
South Australian Champs	First Boat, Second Boat, Third Boat, Fourth Boat, Fifth Boat
South Australian Champs	First Female, First Male
Traveler	First Boat
South Australian 12 YO (born 2012)	First Boat
South Australian 11 YO (born 2013)	First Boat
South Australian 10 YO and under (born 2014 or later)	First Boat

16.2 Age prizes will awarded to the highest placing Sailor in the relative age group, based on a sailor's age as at 31 Dec 2025 competing in Open Fleet.

16.3 Encouragement Prizes may be awarded to Green Fleet

16.4 Other prizes will be awarded at the discretion of the Organising Authority.

17. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. Attention is drawn to Rule 3, Decision to race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18. Risk Statement

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

19. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of not less than AUD \$5,000,000 (recommended AUD \$10,000,000).

20. Code of Conduct

By entering and or attending this event, Sailors , Parents, Guardians and spectators agree to abide by IODASA's code of conduct and by affiliation with Australian Sailing, afforded coverage under the Australian Sailing Member Protection policies. Links to these policies and codes follow:-

[Australian Sailing membership protection Policy](#)

[IODASA Sailors and parent Code of Conduct](#)

[IODASA Parents Code of Conduct](#)

21. Other Information

Any amendments or alterations will be posted on [Optimist State Championship 2025](#) prior to and during the event. For further information please contact: Matt Young 0402142913 mattyoung@senet.com.au

Attachments: 1. Safety check list.

2025 IODASA Optimist State Championship Safety & Equipment Inspection Form

Sailor's Name: _____ Open ☐

Sail Number: _____ Intermediate ☐

Serial Numbers

Item	Serial Number
Hull (WS/ISAF#)	
Sail (sail button)	
Rudder	
Centreboard	

Item	Serial Number
Mast	
Boom	
Sprit	

Documents

Boat Measurement Book	Yes / No*
Sail Measurement Certificate	Yes / No*

**The boat measurement book must be presented with this form.*

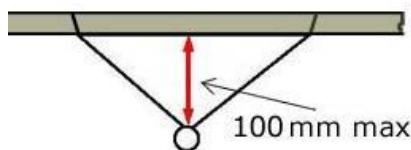
If the book is not presented or incorrectly registered, see the event measurer.

Safety Check

Check off that all the following are OK

Item	Requirement	
PFD	Serviceable	✓
Whistle	Tied to PFD	
Bow line	8m long, floats	
Buoyancy bags	Serviceable and secured	
Bag straps	No deterioration	
Mast	Can be tied in	

Item	Requirement	
Centreboard	Can be tied in	✓
Paddle	Tied in	
Bailer	1 litre, tied in	
Mainsheet clip	Quick release*	
Boom Strop	Max 100mm from boom*	



To prevent sailors being caught, the strop/bridle must be a maximum of 100mm from the boom



This is the preferred snap shackle as sailors cannot be caught and it is easily released. **If you have a different clip, see the event measurer.**

I declare that the Optimist and equipment referred to in this document to be fully compliant with the International Optimist class rules and will not be changed during the event except as allowed by the Class Rules, SI & NOR.

Sailor's Signature:

Parent / Guardian Signature

Measurer's Name:

Measurer's Signature:

Date: